**Portcullis Surgery Questionnaire**

**Dear patient**

**Thankyou for attending the Covid Booster or Flu clinic.**

**We would be grateful if you could fill in this short questionnaire. If you wish you can fill it in at home and then hand it in at reception.**

**Smoking**

**Do you currently smoke?**

**Yes \_ No \_ Exsmoker \_**

**Would you like help to stop smoking? If you do please let us know how we can contact you**

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**Weight Management**

**What is your current weight? \_\_\_\_\_\_\_\_\_\_**

**Do you consider yourself overweight or obese? Yes \_\_\_ No \_\_\_ Don’t know**

**Would you like help to lose weight? If you do please let us know how we can contact you**

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**Bowel screening for cancer**

**All patients between 56-76 years of age are automatically sent a screening test every 2 years. If you are over 75 years you can also request one every two years. The screening test is called a Faecal Occult blood test and checks for blood in your poo.**

**Have you sent a bowel screening test in the last 2 years? Yes \_\_ No \_\_ Not sure \_\_\_\_**

**Would you like information on how to order a new test? If you do please let us know how we can contact you**

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**Do you check your blood pressure at home? If so would you mind letting us know what your latest Blood pressure at home was?**

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**Falls prevention**

**How many falls have you had in the last year?**

**None \_\_\_ One \_\_\_\_ Two or more \_\_\_\_\_\_**

**Are you worried about your balance or frequent falling? Yes \_\_\_ No \_\_\_ Don’t know**

**Would you like help to prevent falls? If you do please let us know how we can contact you**

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**Memory and low mood**

**Are you concerned about your memory and forgetfulness?**

**Yes \_\_\_ No \_\_\_ Don’t know**

**Would you like help to assess your memory? If you do please let us know how we can contact you**

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**Are you worried you may be depressed or feel lonely quite frequently?**

**Yes \_\_\_ No \_\_\_ Don’t know**

**Would you like help with your mood or would you like to have information about groups you can join for low mood or loneliness? If you do please let us know how we can contact you**

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**Would you like to volunteer for our Co-Co group? Compassionate communities project is a group of volunteers who act as friends to lonely people in our community by either visiting them or calling them for companionship. It’s really rewarding and volunteers get training and participate in monthly meetings to discuss any queries and for support.**

 **If you would like to volunteer or would like to discuss this as a possibility, please let us know how we can contact you**

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**Ladies ONLY**

**Breast screening for cancer**

**All women between 50-71 years of age are automatically sent a screening test every 3 years. If you are over 71 years you can also request one every three years. The screening test is called a mammogram.**

**Have you had a mammogram test in the last 3 years? Yes \_\_ No \_\_ Not sure \_\_\_\_**

**Would you like information on how to book a mammogram if you are overdue? If you do please let us know how we can contact you**

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**Cervical screening for cancer**

**All women between 24.5 and 49 years of age are automatically sent a screening test every 3 years. Women between 50 and 64 years are sent an invite every 5 years. There is no need for smears if you are older than 64 years of age unless your previous tests were abnormal. The screening test is called a smear test.**

**Are you overdue for a smear test? Yes \_\_ No \_\_ Not sure \_\_\_\_**

**Would you like information on how to book a smear test if you are overdue? If you do please let us know how we can contact you**

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