**Information and Consent for Nexplanon insertion**

What does insertion of a Nexplanon IUCD involve?

You need to fill in this form first

Dr Beanland and Dr Perks will review the form and either ask you to make a telephone appt to discuss the Nexplanon OR ask for you to be booked for next available fitting slot.

They will issue you with a prescription for the Nexplanon that you can collect from the chemist.

On the day of the procedure you need to bring the Nexplanon with you.

A small amount of local anaesthetic will be injected to numb the skin before the implant is inserted into the arm. •

A tiny scar may form at the site of insertion.

There is a risk of bruising, which is temporary, and a small possibility of infection at the site of insertion. •

A pressure bandage will be applied to reduce bruising after insertion of the device which can be removed after 24 hours. •

The device will need to be removed by a minor procedure involving local anaesthetic injection to numb the skin and a tiny incision (cut) through which the device can be removed. This may result in a small scar.

Please read this information carefully, and ask your doctor or nurse if there is anything that you do not understand.

Top of Form

Name*(Required)*

FirstLast

Date of Birth*(Required)*

Day

Month

Year

What method of contraception are you currently using?*(Required)*

 Contraceptive pill

 Progesterone injection

 Mirena coil

 Copper coil

 Condoms

 Other please explain below

Is there any chance you could be pregnant? Please explain below if you have any concerns, or simply write down "no"*(Required)*

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Please write down below the start date of your last period, if you are not sure write the likely date and explain this*(Required)*

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Advice before your Nexplanon fitting*(Required)*

 Please remember to bring the Nexplanon coil with you and confirm you are aware that you need to pick it up from the chemist and bring it to the surgery on the day of the procedure.

 You must be confident you are not pregnant, please confirm you do not see any reason why you could be pregnant.

 If you use condoms, diaphragm or other natural methods of contraception please confirm you have abstained from sex for the last 7 days prior to the procedure..

 If you take the pill, combined or projesterone only, please confirm that you have taken the pill correctly for the last 7 days prior to the procedure and that you have enough pills to take it for 7 days after insertion of the nexplanon

 If you have an implant, coil or injection please confirm that you are not overdue a new coil, injection or implant and therefore that you current contraceptive method is still working.

Please tick all the boxes below to confirm that you have understood the following instructions for the day of your procedure.

I can confirm that the comtraceptive device I would like fitted is*(Required)*

 The Nexplanon device, I am aware it is licenced for THREE YEARS and that it is my responsibility to call the surgery to get a replacement when the THREE years are up.

Consent- I am aware of the potential side effects and complications of the Implant that are described below and agree to the procedure.*(Required)*

 The most common complications are irregular bleeding, infection, and expulsion. It is common to get irregular bleeding with Nexplanon for 3-6 months after insertion.

After 6 months most women (60-70%) have either no periods, very infrequent periods or very light periods.

A tiny scar may form at the site of insertion. There is a risk of bruising, which is temporary, and a small possibility of infection at the site of insertion.

Please call us if you have any concerns The risk of expulsion (the nexplanon coming out) is extremely uncommon. Please call us if you have any concerns

Very rarely the Nexplanon can move from its original site of insertion and you may need to have it removed under USS guidance.

Signature and date