**Information and Consent for Mirena or Jaydess Coil**

What does insertion of an IUCD (a copper containing coil) or an IUS (a coil containing progesterone hormone) involve? You need to book a double appointment with a nurse first in order for her to test with swabs for any infections and treat them before your procedure. The nurse will issue you with a prescription for the coil that she will send to the chemist. On the day of the procedure you need to bring the Mirena coil with you. It is recommended you take some pain relief paracetamol and/or ibuprofen if you able to take this about an hour before the procedure. The doctor will need to examine you to establish the position of your womb. She will then use a speculum (the device used to do a smear) to find your cervix. The area will then be cleaned. To introduce the coil safely she will use a special instrument to hold on to the cervix and another one to measure the length of your womb. She will then insert the coil. The procedures are not usually very painful and the insertion of the coil will feel like a sharp period pain. Please read this information carefully, and ask your doctor or nurse if there is anything that you do not understand.

Top of Form

Name*(Required)*

FirstLast

Date of Birth*(Required)*

Day

Month

Year

What method of contraception are you currently using?*(Required)*

 Contraceptive pill

 Projesterone injection

 Mirena coil

 Copper coil

 Condoms

 Other please explain below

Is there any chance you could be pregnant? Please explain below if you have any concerns, or simply write down "no"*(Required)*



Please write down below the start date of your last period, if you are not sure write the likely date and explain this*(Required)*



Advice before your coil fitting*(Required)*

 Please remember to bring the Mirena coil with you and confirm you are aware that you need to pick it up from the chemist and bring it to the surgery on the day of the procedure.

 You must be confident you are not pregnant, please confirm you do not see any reason why you could be pregnant.

 If you have an implant or coil already or use condoms, diaphragm or other natural methods of contraception please confirm you have abstained from sex for the last 7 days prior to the procedure..

 If you take the pill, combined or projesterone only, have an implant or already or use condoms, diaphragm or other natural methods of contraception please confirm that you have taken the pill correctly for the last 7 days prior to the procedure.

 If you have an implant, coil or injection please confirm that you are not overdue a new coil, injection or implant and therefore that you current contraceptive method is still working.

 It is sensible to take a “pain-killer” at least half an hour before the fitting, to reduce the possibility of cramps afterwards eg. Paracetamol 1gr, or Ibuprofen (nurofen) 400mg please confirm that you have done this or have chosen not to take painkillers..

 Please allow at least an hour for the appointment. Although the procedure does not take this long, a few women feel faint afterwards and need time to recover. Please confirm you are aware of this. It is recommended that you have someone you can contact by phone, who would be able to collect you, in case you feel unwell.

 Please remember that some sanitary protection may be required afterwards. You may wish to bring your own sanitary towel or panty liner with you. Tampons should not be used for the first three days after the fitting.

 Please note that you should abstain from sexual intercourse for three days after the fitting. If the IUD or IUS has been fitted after day 7 of your cycle, you should use another contraceptive method (condoms, pill etc) as well for the next seven days.

Please tick all the boxes below to confirm that you have understood the following instructions for the day of your procedure.

I can confirm that the coil I would like is*(Required)*

 The Mirena coil, I am aware it is licenced for FIVE YEARS and that it is my responsibility to call the surgery to get a replacement when the five years are up.

 The Jaydess coil, I am aware it is licenced for THREE YEARS and that it is my responsibility to call the surgery to get a replacement when the THREE years are up.

Consent- I am aware of the potential side effects and complications of the Mirena that are described below and agree to the procedure.*(Required)*

 I am aware that coil insertions are a generally safe and that the most common complications are irregular bleeding, perforation, infection, and expulsion. It is common to get irregular bleeding with the Mirena or Jaydess coil for 3-6 months after insertion. After 6 months most women (95%) have either no periods, very infrequent periods or very light periods. The risk of perforation of (making a hole in) the womb or cervix is uncommon (up to 2 per 1000 insertions). There is an increase in risk of pelvic infection in the 20 days following insertion of intrauterine contraception. To prevent infection swabs before the coil insertion and any infections found are treated. The risk of expulsion (the coil coming out) is 1 in 20 and most common in the first year. The coil has threads so that the nurse can check they are present at my coil check 3-6 weeks following insertion.

Bottom of Form